

OFFICIAL FEEDBACK FORM



DIALOGUE DATE	Tuesday, 20 September 2022 17:00 GMT -04:00
DIALOGUE TITLE	Bellevue Farmers Market
CONVENED BY	Albert Ciuksza and Mallory Ciuksza
GEOGRAPHICAL FOCUS	Region/City Bellevue
DIALOGUE EVENT PAGE	https://goodfooddialogues.com/dialogue/52239/

The outcomes from the Dialogues will be of use in developing the pathway to a healthier and hunger-free America. Each Dialogue will contribute in three distinct ways:

- Direct submission to the White House in advance of the Conference on Hunger, Nutrition, and Health (for events and feedback received prior to the July 15th deadline)
- Published as public facing and searchable documents on the Good Food Dialogues website
- Rolled into a final report that synthesizes the feedback, ideas, and challenges shared throughout all the Good Food Dialogues. This report will not only be submitted to the White House but will also be used to inform a movement for change well beyond the White House Conference.

1. PARTICIPATION

TOTAL NUMBER OF PARTICIPANTS

8

PARTICIPATION BY AGE RANGE

0 0-18 1 19-30 0 31-50 0 51-65 0 66-80 0 80+

PARTICIPATION BY GENDER

4 Male 4 Female 0 Non-binary 0 Prefer not to say or Other

PARTICIPATION BY RACE

0 American Indian or Alaska Native 0 Asian
0 Black or African American 0 Native Hawaiian or Other Pacific Islander
6 White

PARTICIPATION BY ETHNICITY

0 Hispanic or Latino 0 Not Hispanic or Latino

NUMBER OF PARTICIPANTS IN EACH SECTOR

0 Academia/education 0 Agriculture 0 Economic empowerment
0 Environment and ecology 0 Finance 0 Food consumer
0 Food distributor 0 Food production 0 Food processing
0 Food retail 0 Government 0 Healthcare
0 Health insurance 0 Hunger 0 Livestock
0 Nutrition 0 Public Policy 1 Other

NUMBER OF PARTICIPANTS FROM EACH STAKEHOLDER GROUP

0 Academic/Expert 0 Advocate
0 Corporation 0 Community Organization
0 Direct Service Provider 0 Farmer/Food Producer
0 Financial Institution 0 Impacted Individual
0 Logistics provider 1 Non-Profit
0 Policy Maker (current/former) 0 Small business
0 Student 0 Supplier
0 Other

2. PRINCIPLES OF ENGAGEMENT

HOW DID YOU ORGANIZE THE DIALOGUE SO THAT THE PRINCIPLES WERE INCORPORATED, REINFORCED AND ENHANCED?

The Dialogue was organized around three Principles of Engagement: "Embracing Multi-stakeholder inclusivity", "Complimenting the Work of Others", and "Being Respectful". We targeted those with varied interests in food (farmers, vendors, and market attendees), we ensured that we highlighted the work of the farmers, created space for them to discuss their challenges and successes with the market, and were also careful to respect the experiences and efforts of all those engaging in the Dialogue.

HOW DID YOUR DIALOGUE REFLECT SPECIFIC ASPECTS OF THE PRINCIPLES?

The Dialogue prioritized two Principles of Engagement: "Embracing Multi-stakeholder inclusivity" and "Complimenting the Work of Others". We were able to incorporate vendors and participants of the Bellevue Farmers Market, hear their perspectives and experiences while magnifying the benefits of the market and its contributors.

DO YOU HAVE ADVICE FOR OTHER DIALOGUE CONVENORS ABOUT APPRECIATING THE PRINCIPLES OF ENGAGEMENT?

We would advise other Dialogue Convenors to prioritize the Principles of Engagement as they have the ability to set the tone for your entire Dialogue. They also give hosts and participants something to reference throughout the Dialogue which creates conciseness and substance.

3. METHOD

The outcomes of a Dialogue are influenced by the method that is used.

DID YOU USE THE SAME METHOD AS RECOMMENDED BY THE CONVENORS REFERENCE MANUAL?

Yes

No

4. DIALOGUE FOCUS & OUTCOMES

MAJOR FOCUS

The major focus of this Dialogue was to understand the perspectives of the participants and the farmers engaging in the Bellevue Farmers Market. We were able to discuss how the lack of knowledge of nutrition, lack of income, and the compromise of one's dignity for affordable food can disempower consumers. We were also able to discuss ways for farmers' markets nationwide to be more inclusive, accessible, communal, and empowering for all who shop there. Ultimately, this Dialogue centered on the importance of integrating nutrition, education, community, and dignity.

WHITE HOUSE CONFERENCE PILLARS

- 1. Improve food access and affordability
- 2. Integrate nutrition and health
- 3. Empower all consumers to make and have access to healthy choices
- 4. Support physical activity for all
- 5. Enhance nutrition and food security research

KEYWORDS

- | | | | |
|-------------------------------------|-------------------------|-------------------------------------|----------------------|
| <input checked="" type="checkbox"/> | Nutrition | <input checked="" type="checkbox"/> | Food Security |
| <input type="checkbox"/> | Healthcare | <input checked="" type="checkbox"/> | Economic Empowerment |
| <input type="checkbox"/> | Technology | <input type="checkbox"/> | Data & Evidence |
| <input type="checkbox"/> | Environment and Climate | <input type="checkbox"/> | Finance |
| <input type="checkbox"/> | Human rights | <input checked="" type="checkbox"/> | Innovation |
| | | <input type="checkbox"/> | Policy |

MAIN FINDINGS

Often, participants of the market don't have knowledge of the foods, fruits, and vegetables being offered at the Farmer's Market. They are unaware of what the foods are and how to prepare them. This also puts farmers in a difficult position as they are federally prohibited from cutting into produce and offering samples to the market attendants.

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OUTCOMES FOR EACH DISCUSSION TOPIC - 1/3

An outcome of the Discussion was that vendors and farmers should offer simple recipes and cooking demonstrations that pair with the produce being sold. Many of the farmers and vendors recognize that customers may not be familiar with the produce and recipes or cooking demonstrations would help customers feel more confident in their purchase.

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OUTCOMES FOR EACH DISCUSSION TOPIC - 2/3

Dialogue participants acknowledge that the Food Assistance Match Program empowers them and encourages them to shop at the Farmers Market. People who are receiving SNAP/WIC/EBT benefits do find that the Farmers Market is more expensive than where they normally shop, but the proximity to the market and the ability to use their benefits for local, fresh produce motivates them to shop locally. They also stated that the market is a one-stop shop for building community, nutrition, knowledge, and dignity, and that is fulfilling, empowering, and makes them want to return to the market the following week.

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OUTCOMES FOR EACH DISCUSSION TOPIC - 3/3

Participants asked for farmers and vendors to offer more information on the nutritional benefits of certain foods. For example, if it's Lupus Awareness Month, then farmers can offer information on the in-season produce that can benefit those with Lupus. Participants also suggested that nutrition needs to be implemented in the school systems sooner, examples were hosting kid-friendly scavenger hunts at farmer's markets, farmer's markets going to the schools, and school field trips to farmer's markets, community gardens, and herb gardens. Ultimately, the consensus was that if youth understand the food growing process, they may understand the value of food which increases the chances of them growing into knowledgeable and healthier adults.

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AREAS OF DIVERGENCE

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ATTACHMENTS AND RELEVANT LINKS

RELEVANT LINKS

- **Bona Fide Bellevue**
<https://www.bonafidebellevue.org/>